

# EYFS Goals

## Activity 1

### Understanding the World: People and Communities (Early Learning Goal)

They know about similarities and differences between themselves and others, and among families, communities and traditions.

## Activity 2, 3, 4

### Physical Development: Health and Self Care (Early Learning Goal)

Children know the importance for a healthy diet.

## Activity 5

### Expressive Arts and Design: Exploring and Using Media and Materials (Early Learning Goal)

They safely use and explore a variety of materials, tools and techniques, experimenting with colour, design, texture, form and function.

## Activity 6, 7

### Expressive Arts and Design: Being Imaginative (Early Learning Goal)

Children use what they have learnt about media and materials in original ways, thinking about uses and purposes.

## Activity 8

### Expressive Arts and Design: Being Imaginative (Early Learning Goal)

Children sing songs, make music and experiment with ways of changing them.

## Activity 9

### Physical Development: Moving and Handling (Early Learning Goal)

Children show good control and co-ordination in large and small movements. They move confidently in a range of ways, safely negotiating space.

## Activity 10

### Literacy: Writing (Early Learning Goal)

They write simple sentences which can be read by themselves and others.